



**Drop in to any adult fitness class for \$20, your first class is FREE!**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	5:45a-6:50a Masters Swim	5:45a-6:50a Masters Swim	5:45a-6:50a Masters Swim	5:45a-6:50a Masters Swim	5:45a-6:50a Masters Swim	5:45a-6:50a Masters Swim	
MORNINGS							
		6:45a-7:45a Group Strength & Conditioning		6:45a-7:45a Group Strength & Conditioning			
	7:30a-8:30a Group Strength & Conditioning		7:30a-8:30a Group Strength & Conditioning		7:30a-8:30a Group Strength & Conditioning	8:15a-9:15a Group Strength & Conditioning	
MIDDAYS	12:00p-1:15p Masters Swim	12:00p-1:15p Masters Swim	12:00p-1:15p Masters Swim	12:00p-1:15p Masters Swim	12:00p-1:15p Masters Swim		
EVENINGS							



Austin Aquatics&Sports A...  
Health & Fitness

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